

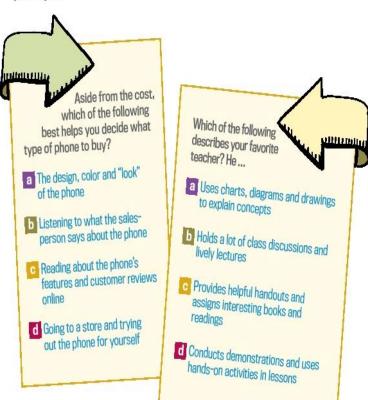
How do you Learn Best?

Recognizing how you learn best can be the key to good grades and success in school.

Walking through the halls of your high school, you probably notice a big variety of clothing, shoes and hairstyles. From urban to preppy to hipster, most teens know which styles they prefer. Learning also has different styles.

There are all kinds of ways we learn new information, but most fall into one of the basic "learning styles." Figuring out the way that works best for you can help you improve your study habits and maybe even improve your GPA.

Take this quiz to find out which style suits you best, and then read on for some tips to tailor your study techniques to make the most of your style.





Which letter(s) did you choose most? Match your results with the learning style and study tips that will suit you.

- a VISUAL You learn by seeing concepts depicted in some way. Try sketching out diagrams, flowcharts or webs to organize new information.
- b AUDITORY You learn by hearing something spoken aloud. Record yourself reading your notes aloud and play them back.
- READING AND WRITING You prefer learning information in written form. Re-copy key terms or dates and their descriptions onto flashcards; or use web-based tools such as quizlet.com to practice new vocabulary.
- d KINESTHETIC You learn by doing, moving and testing things out for yourself. Role-play, recreate a lab or construct a basic model of what you are trying to learn.