



Tammy's Catering Hot Lunch Menu

November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Tacos Yellow Rice Veggies	2 Alfredo Veggies Fresh Fruits	3 Pizza Chips Cookie
6 Ham Croquettes White Rice Black Beans Fresh Fruits	7 Grilled Chicken Strips Mashed Potatoes Veggies Fresh Fruits	8 Eggs Bacon Biscuit Fresh Fruits	9 Oven Baked Ziti Veggies Roll Fresh Fruits	10 Pizza Chips Cookie
13 Arroz Con Pollo Veggies Roll Fresh Fruits	14 Picadillo White Rice Black Beans Fresh Fruits	15 Oven Roasted Chicken Mashed Potatoes Veggies Fresh Fruits	16 Mac and Cheese Veggies Roll Fresh Fruits	17 Pizza Chips Cookie
20 Italian Style Meatball Sub Fresh Fruits	21 Pulled Pork Sandwich Chips Fresh Fruits	22 French Toast Bacon Fresh Fruits	23 Spaghetti with Meat Sauce Veggies Roll Fresh Fruits	24 Pizza Chips Cookie
27 Teriyaki Chicken Brown Rice Veggies Fresh Fruits	28 BBQ Chicken Yellow Rice Veggies Fresh Fruits	29 Shredded Beef White Rice Black Beans Fresh Fruits	30 Mac and Beef Veggies Roll Fresh Fruits	

Alternative Meals:

Monday: Hamburger

Tuesday: Chicken Nuggets

Wed: Ham/Cheese Sandwich Thurs: Turkey/Cheese Sandwich Friday: Ravioli

All meals come with juice, white milk, or chocolate milk.